



Senior Lifesaving Club

Wednesdays 8-9pm
OR Fridays 7:30 - 8:30pm
Bishop's Waltham Junior School

Know how to stay safe
and help in an emergency

CPR

Teamwork

First Aid

Rescue Skills

Leadership

Confidence

Fun!

Love swimming,
but bored of lessons
- try something new!

Survive and Save Lifesaving Awards,
Count them towards your Duke of Edinburgh!

For further details, contact Hannah on:

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